Dersingham C of E Primary and Nursery School

Personal, Social, Health and Economic Education and Relationships and Sex Education – Removing Barriers to Learning

At Dersingham C of E Primary and Nursery School, our vision is to *'feed mind, body and soul'*. We recognise that every child is an individual and that children may experience different barriers to learning within Personal, Social, Health and Economic Education and Relationships and Sex Education.

Our Jigsaw curriculum provides opportunities for all children to develop their emotional wellbeing, social skills, relationships, self-awareness and understanding of the world around them. Many of the resources, tools and strategies within Jigsaw support inclusive practice and can be adapted to meet the needs of children with a range of special educational needs and disabilities.

We aim to identify barriers to learning as early as possible and provide appropriate support through high-quality teaching, differentiation and a range of additional provision. This may include:

- **High-quality teaching:** Our first response to pupils with special educational needs and disabilities is high-quality, inclusive teaching, with lessons adapted to meet individual needs.
- **Adapted resources and activities:** Jigsaw resources, discussions and activities may be adapted to ensure all pupils can access and participate in learning.
- **Visual supports:** Visual aids, symbols, communication boards, now and next boards and simplified language may be used to support understanding and communication.
- **Small-group support:** Pupils may benefit from additional opportunities to explore themes, develop social skills and practise communication within a smaller group.
- **Individual support:** Where necessary, pupils may receive one-to-one support to access learning, participate in discussions and develop their understanding.
- **Alternative methods of participation:** Children may be supported to express their thoughts and feelings through drawing, visual choices, role-play, practical activities or other appropriate communication methods.
- **Social and emotional support:** Strategies may be used to support emotional regulation, self-esteem, relationships and understanding of feelings.
- **Strong home-school links:** We work closely with parents and carers to understand individual needs and ensure that support is consistent and appropriate.

Through our inclusive approach, we aim to ensure that all children feel safe, valued and supported to participate in Personal, Social, Health and Economic Education and Relationships and Sex Education learning, develop positive relationships and make progress in their personal, social and emotional development.